Student guide
Adam Mickiewicz University

www.serp-chem.eu
Welcome to Poland...
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Adam Mickiewicz University (~ 45000 students) is located in the west-central Poland along the Warta river. Most of the campus branches are located in the brand new Morasko Campus served by multimodal transportation platform including buses and trams. 4 faculties are dedicated to sciences, 11 faculties for humanities due to the multidisciplinary activity of UAM and 3 research centers.

SCIENCES AT UAM

- Faculty of Biology
- Faculty of Chemistry
- Faculty Physics
- Faculty of Mathematics and Computer Sciences
- Institute of Biochemistry
- Polish Academy of Sciences
- Poznań Supercomputing and Networking Center

The University is directed by a rector elected for four renewable years, assisted by five vice-rector that administrate of researchers, lecturers, administrators and students:

Rector of the University

Prof. dr hab. Bronisław Marciniak
The faculty of chemistry is hosted in the brand new campus of Morasko since 2012. This university complex is mostly dedicated to sciences and it gathered the Department of Chemistry, the Department of Physics, the Nano-Biomedical Center, the Department of Geography and Geology, the Department of Mathematics and Computer Science, Sports Hall and the Archives. The future expansion of the new scientific campus will include the Wielkopolska Center for Advanced Technologies. This brief overview shows the dynamism of the UAM and its ability to be a vibrant place for science.
ARRIVAL AND DOCUMENTS

A tutor will help you during your visit in Poland, from your arrival until your departure, for the administrative formalities as well as for your social insertion.

Contact with your tutor:

• A tutor is named by the local coordinator of the Master
• Your tutor will contact you in advance by e-mail in order to ease your arrival in Poznań. Communicate as soon as possible, your arrival details in Poland, to benefit in our local support.

Various activities with the tutor:

• Travel from the airport to your accommodation (you’ll have to pay for your transportation) Money exchange is available at the airport.
• Completion of the administrative papers for the accommodation in the student residency
• Shopping and visit of the local area in the neighbourhood of your Accommodation
• Opening of your internet account (free of charge)
• Visit of the campus

Welcome meeting

A meeting with the SERP-Chem teaching and administrative staff will be organised when all of the incoming students for the semester will be in Poznań.

Social program

We invite all the students during the semester to the local social program, including cultural visits and trips...

2012 – Obrzycko Palace
2013 – Wielki Theatr

Administrative registration at the university

You must register for the “Erasmus Mundus International Master SERP-Chem”.
Go to local coordinator office
**HEALTH AND SOCIAL SECURITY COVER**

**Private Insurance**

For each student who has paid the tuition fees for the Master, the SERPChem consortium contracts a private medical insurance ensuring in this way the medical insurance cover of the student. This covers their unexpected medical expenses in the European countries they visit during their Masters Course.

It also provides accident cover and protects them against some costs arising from civil liabilities (a kind of third-party insurance which is required in many European countries). This medical coverage also applies during periods of travel during the Erasmus Mundus master courses.

The insurers will also provide the student with assistance if he loses his passport, tickets or other travel documents. However, it is not a comprehensive travel insurance. The private insurance will be provided by the Global Student Insurance Company, covering the minimum requirements for the health and accident insurance coverage, stipulated by the Erasmus Mundus Action 1.

Each student receives an insurance certificate before the start of the program, that stipulated the covering period, as well as the general conditions of the insurance (including the travels from the home country to the receiving country before the start of the program and vice versa: at the end of the program).. These should be read carefully in order to know for which risks and health issues the student is covered. In case medical care has to be reimbursed or when problems arise, the student will contact personally the GSI insurance company (contact details can be found on the insurance certificate).

For urgent matters, the service can be contacted 24h/7days on the following phone number:

+32 25 41 90 87.

**You should always keep a photocopy of your insurance in your wallet!**
**HOUSING**

When you will arrive in Poznan, a room in a university dormitory will be reserved for you by the local coordinator.

**Jowita**

The most convenient dormitory in terms of location is Jowita. From this location the city center is located 15 minutes away by foot and 20 minutes by tram for the new campus.

In Jowita, you will find a wide range of service like internet access, laundry, fitness room... The rent is by far the cheapest that you could find in the Poznań area.

Dom Studencki Jowita, ul. Zwierzyniencka 7
60-81 POZNAN


**Private housing**

However, you are free to move out and find your own place and start a private rent with other SERP-Chem students, because you could almost leave Jowita at anytime over the semester. Remember that the renting system at Jowita is simple, every month is divided in two periods of fifteen days and each period already started is included in your rent. As a rule of thumb, it is better to talk about your leaving with your local coordinator.

Renting a place in Poznan could be a good adventure but remember to follow those advices in order to smooth the process:

- Look for someone fluent in polish to help you.
- Start your search before the start of the semester (March and October)
- Be sure of the renting conditions (contract, bills…)
- Ever consider the transportation network in order to avoid several minutes in the bus over winter.
- A modest room in a cosy apartment could cost around 800 PLN/month (bills included)
RESTAURANTS

The place to be in Poznan is the Old Market as known as Stary Rynek. Around this squared area, true heart of the city, you will find every thing you need to relax after a rough day.
A large selection of restaurant is present around Stary Rynek:

Chatka Babuni
Polish food and mostly a “pierogi bar”
ul. Wrocławska 18, 61-838 Poznań, Poland
www.chatkababuni.com

Cacao Republika
Bar lounge with huge cushion seats
ul. Zamkowa 7 60-768 Poznań, Poland

Klub Dragon
Coolest place downtown to eat, drink, dance, listen music…
Zamkowa 3
61-768 Poznań, Poland
www.dragon.krzyk.pl

Pijalnia
Wodka bar and surprising polish “fast food”. If you are looking for some food in the late evening, you could do a pit stop by this place to get a fresh tartar or gzik…
ul. Wrocławska 8
61-837 Poznań, Poland
Facebook group Pijalnia-Wódki-i-Piwa

Biology cafeteria
University cafeteria (~5 minutes away from new Chemicum). Good, fast and cheap cafeteria with almost everything you need to eat in order to be ready for the rest of the day.
ul. Umultowska 89 60-995 Poznań, Poland

Chemistry cafeteria – HOME
This is the closest place to eat and it is a really good one, check it out…
ul. Umultowska 89B
60-995 Poznań, Poland
POLISH LANGUAGE - basics

International phonetic pronunciation to get used to the beauty of polish language.

How to survive...

Hello Dzień dobry [dżeń dobry]
My name is Karolina. Nazywam się Karolina. [naziwam shen xx]
Where am I? Gdzie jestem? [gdże yestem]
Could you help me? Czy możesz mi pomóc? [tshi možesh mi pomuts]
I have a question! Mam pytanie! [mam pitanie]
How much it cost? Ile kosztuje? [ileh koshtuje]
Please! Proszę! [proshe]
Thank you! Dziękuję! [dženkuje]
Goodbye Do widzenia [do widzenia]
Where is the city center? Gdzie jest centrum miasta? [gdże yest tsentrum miasta]
What is the streetcar number for Morasko campus? Jaki jest numer tramwaju na Morasko? [yaki yest numer tramvayu na Morasko?]
I would like to order a zapiekanka. Poprosze zapiekankę. [poproshen zapiekanke]

Numbers

1 jeden [yeden] 20 dwadzieścia [dvadžieshtshia]
2 dwa [dva] 30 trzydzieści [tshidžieshtsi]
3 trzy [tshi] 40 czterdzieści [tshterdžieshtshi]
4 cztery [tshtery] 50 pięćdziesięć [pientshdžieshiontsh]
5 pięć [pientsh] 100 sto [sto]
6 sześć [sheshtsh] 1000 tysiąc [tishionts]
7 siedem [shiedem]
8 osiem [oshiem]
9 dziewięć [džievientsh]
10 dziesięć [džiesientsh]

Currency

Polish currency (unit) złoty [zwoty]
Polish currency (1/100 unit) grosz [grosh]
MORE INFORMATIONS

Bank

Poland is actually crowded by bank branches, but do not be fooled by the multiplicity of the offer. Two banks actually have the favour of international students in Poznań: DEUSTCH BANK and WBK BANK (English spoken).

For students having BNP Paribas accounts, there is no commission at DEUSTCH Bank ATM machines if you use the unknown conversion rate which is always the option you should choose. This is by far the best way to withdraw money in PLN.

Deustch Bank website:
www.db.com/poland/index_en.html

WBK website:
http://www.bzwbk.pl/english/about-bz-wbk/about-bz-wbk.html

Postal services

Many post offices are spread around the city and they are marked with the symbol of the national postal services. The post office #1 is located:

Urząd Poczty Poznań
Tadeusza Kościuszki 77
Poznań, Poland
61 869 74 08

Office hours:
Week 7:00AM to 8:00PM
Saturdays 8:00AM to 3:00PM
Sundays CLOSED

More informations on the website
http://www.poczta-polska.pl/

Currency

The złoty encoded on the international market as PLN literally means "golden". Even if the country is a member of the European Union, it still used its own currency.

The modern złoty used a centesimal scale and its subdivision is called groszy. In addition, try to avoid big denomination bill such as 200 PLN or more.

The conversion rate could be easily followed on the website of the European Central Bank.

Student discount

Student discounts are present in Poznań, you just have to open your eyes and look carefully before entering into a place of your choice. And you could ask for discount in order to practice your polish…
Activities

Poznań is a vibrant and attractive city for those are looking for fun through sports and recreational activities. Poznań Malta will fulfil all your wishes with a complete offer of activities such as a spa complex (sauna, swimming pool, tubes...), a lake, a zoo and even a single-lift ski resort...

• Poznań official website: www.poznan.pl/mim/main/en
• Poznań Malta Spa: www.termymaltanskie.com.pl
• Poznań Zoo: www.zoo.poznan.pl (polish link 😊)
• Malta Ski: www.maltaski.pl
• Lech brewery

One of the biggest brand and producer of beer in Poland. A modern plant with a capacity of 7.5 millions hl. is actually working in Poznań. The industrial site is open to the public through a visitor center: www.zwiedzaniebrowaru.pl/en

National holidays

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<thead>
<tr>
<th>Event</th>
<th>Date</th>
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<tbody>
<tr>
<td>Start of the semester</td>
<td>October 1&lt;sup&gt;st&lt;/sup&gt;</td>
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<tr>
<td>All saints’ day</td>
<td>November 1&lt;sup&gt;st&lt;/sup&gt;</td>
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<tr>
<td>National Independence day</td>
<td>November 11&lt;sup&gt;th&lt;/sup&gt;</td>
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<tr>
<td>Christmas eve and Christmas</td>
<td>Dec 25&lt;sup&gt;th&lt;/sup&gt; / 26&lt;sup&gt;th&lt;/sup&gt;</td>
</tr>
<tr>
<td>New years’ day</td>
<td>January 1&lt;sup&gt;st&lt;/sup&gt;</td>
</tr>
<tr>
<td>Break</td>
<td>Jan 15&lt;sup&gt;th&lt;/sup&gt; / Feb 15&lt;sup&gt;th&lt;/sup&gt;</td>
</tr>
<tr>
<td>Easter</td>
<td>April 8&lt;sup&gt;th&lt;/sup&gt;</td>
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<tr>
<td>Labour Day</td>
<td>May 1&lt;sup&gt;st&lt;/sup&gt;</td>
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<tr>
<td>Constitution Day</td>
<td>May 3&lt;sup&gt;rd&lt;/sup&gt;</td>
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<tr>
<td>Corpus Christi</td>
<td>9&lt;sup&gt;th&lt;/sup&gt; thursday after Easter</td>
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<tr>
<td>End of the year</td>
<td>May 30&lt;sup&gt;th&lt;/sup&gt;</td>
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Follow city of Poznan on Facebook for news and events...!!!

TRANSPORTATION

Several bus and tram head directly to Morasko Campus. Controls are frequent into the transportation network of Poznań and monthly pass not so expensive so think twice... All the information are displayed in MPK website www.mpk.poznan.pl. In order to move faster in the city and to be punctual, you could used a very handy online service called Jakdojade, www.poznan.jakdojade.pl

Please be aware of continuous timetable changes
MORASKO CAMPUS

The brand new Campus of Morasko still under construction, several buildings will change the current surrounding of Collegium Chemicum Nowum. However the place will remain a peaceful area with its turbulent history.